

The Power of a Personal Growth Plan

Four years later...

My Personal Growth Plan Matrix		name
Spiritual		SMART
Spouse		SMART
Family		SMART
Relational		SMART
Work		SMART
Ministry		SMART
Financial		SMART
Physical		SMART
Mind		SMART
		SMART

For help living-out your PGP visit www.cadreministries.com

In 2005, I was invited to be the keynote speaker at a national youth ministries event called CDYC at Calvin College in Grand Rapids, MI. While at the event, I volunteered to do a spontaneous 90-minute breakout training lab for volunteer youth leaders called, "The Power of a Personal Growth Plan." **The heart of this training lab is to equip volunteers to be intentional about loving Jesus in ALL aspects of their lives.** During the training lab, each person prayerfully completes a **Personal Growth Plan Matrix card** (see picture on the left). On October 13, 2009, I received this email (below) from a volunteer youth leader who participated in the personal growth plan training lab in Grand Rapids in 2005. Read and be amazed at only what God can do... and give Him the glory!

Dear Bill,

One never knows how they impact others. We often hear the criticism, but miss what good God has done. I thought I would take the time to tell you how the Lord used your training in my life. I had attended a youth conference (CDYC) as an adult volunteer leader the summer of 2005. I was exhausted, had just recently lost my father and mother-in-law within 3 weeks of each other, and wondered what I had to give anymore. (I had been taking care of my father for 8 years, my mother-in-law was in a nursing home, miles from his home). **I had never been at an event where they offered something for volunteer leaders.** You spoke, you nurtured (I'll never forget the pitcher of water pouring into cups, as those cups overflowed into others), and you challenged us. You told us to make SMART goals for ourselves: spiritual, relational, financial, intellectual, physical, and ministry. I still have the card you gave to us that day with my notes on it.

[Keep reading this story on the next page.]

Please send all donor support to:
Cadre Ministries, PO Box 278, Sycamore, IL 60178
Or give securely online at www.cadreministries.com/store

I was bound and determined to get out of my exhaustion and move on with God. By God's grace, I did.

Relationally, I had mentors in my life, and I set a course for the key leaders under my direction. I put the MOMS ministry into a manual and made it available to other churches to replicate for themselves.

Financially, my husband and I met with a counselor, got rid of all debt, and had a budget to live by. One month later, the Lord took my husband home to be with him. We had no insurance. I had to charge his funeral. Working at church was no longer an option. I had to become the breadwinner of our family and enter the corporate world.

But I kept your Personal Growth Plan Matrix card in my prayer journal and was determined to allow God to continue His work.

Intellectually, I have gone back to school and I am currently working towards my B.A. in Organization Leadership at Trinity in Deerfield, IL.

Physically, I have taken up jogging again to keep up with my youngest daughter (senior year in high school). We have fun running together, or should I say, seeing her leave me in the dust.

Ministry goals for the MOMS ministry have been met. J. Oswald Sanders said, "The best measure of a leader is how the organization functions after they leave." The MOMS ministry is thriving, three and a half years later. I still mentor young moms and leaders,

Thank you, Bill, for your passion and devotion to pouring into volunteer leaders. Your training session with us has taught me much and inspired me in unspeakable ways these past four years. May God continue to richly bless you, your family, and ministry.

In Him,

Maggie Permer-Roark (yes, God blessed me again with a husband—amazing)

[Note from Bill: For a FREE PDF that explains how to write your own personal growth plan, email bill@cadreministries.com and put "FREE PGP" in the subject line—our way of saying THANK YOU to you!]

Thank you!



YOU are making an eternal difference! **Thanks** for your prayer & financial partnership with **God**, the Allison, & **Cadre** Ministries!